

Rescue Me

Choreographer: Karin Angst 13 Jahre alt,
für Doris 23. Oktober 2008
Typ: 4 Wall, Newcomer Cha Cha
Music: Rescue Me by Fontella Bass (Sister Acts)

1-8 Side Together, Side Cha Cha, Cross Rock, Cha Cha $\frac{1}{4}$ Turn

1,2 RF step to right, LF together to RF
3&4 RF step to right, LF close, RF step to right
5,6 LF cross over RF, Recover on RF
7&8 LF step to left, RF close, LF $\frac{1}{4}$ turn left forward

9-16 Step $\frac{1}{2}$ Turn, Walk Walk, Side Rock Cross x2

1,2 RF step forward, $\frac{1}{2}$ turn left
3,4 RF walk forward, LF walk forward
5&6 RF step to right side, recover on left, RF cross over LF
7&8 LF step to left side, recover on right, LF cross over RF

17-24 Step Touch, Back Touch, Sailor Step R, Sailor Step L

1,2 RF step forward, LF touch left side
3,4 LF step forward, RF touch right side
5&6 RF step behind LF, LF step to left, RF step to right
7&8 LF step behind RF, RF step to right, LF step to left

25-32 Paddle Turn $\frac{1}{4}$ x2, Cross Touch, Side Touch, Cross Unwind $\frac{1}{2}$

1,2 RF step forward, $\frac{1}{4}$ turn left, (Hip Action)
3,4 RF step forward, $\frac{1}{4}$ turn left, (Hip Action)
5,6 RF touch cross over, RF touch to right side
7,8 RF step over LF, $\frac{1}{2}$ turn left (unwind)

start again and smile.....www.linedance-wetzikon.ch